DYSFAGI – den säkra lösningen vid sväljsvårigheter är klar

ThickenUp® Clear är det första xantangummi-baserade förtjockningsmedlet som vetenskapligt bevisar på att stödja bedömning, diagnos och behandling av personer med sväljsvårigheter.

Vetenskapligt litteraturkompendium

- **1:a xantangummibaserade förtjockningsmedlet**
- **Säker och effektiv**
- **Finns i 45 länder**
- **Över 1 billion säkra sväljningar**

18 EVIDENSBASERADE ARTIKLAR

UNDERLÄTTAR SVÄLJNINGEN

LÄTTLÖSLIGT OCH VERKAR OMEDELBART

EFTERTJOCKNAR INTE

AMYLAS-RESISTENT

PÅVERKAR INTE SMAK, LUKT ELLER FÄRG

KLUMPFRI

För hälso- och sjukvårdspersonal

ThickenUp® Clear är ett förtjockningsmedel för personer med tugg- och sväljsvårigheter som har behov av att få förtjockad mat och dryck.

Nestlé Health Science, Box 6026, 102 31 Stockholm
Tel: 08-561 525 00, www.nestlehealthscience.se

Nestlé HealthScience

Historiska erfarenheter med THICKENUP® CLEAR

2011

Author:
Nita SP et al.

Conclusion:
For optimal patient outcomes, only diagnostic materials and thickeners with reliable viscosity data should be used, such as **ThickenUp® Clear**, as demonstrated in this study.

2013

Author:
Herentry K et al.

Conclusion:
Health care providers caring for patients with dysphagia reported that **ThickenUp® Clear** is superior to similar products containing other thickening ingredients for the therapeutic medical management of these patients.

Author:
Hibberd J

Conclusion:
A high degree of satisfaction was observed with **ThickenUp® Clear** on the basis of its sensory characteristics, good compliance, excellent gastrointestinal tolerance and wide versatility in use with different beverages at different temperatures.

2014

Author:
Steele CM et al.

Conclusion:
ThickenUp® Clear is an effective therapeutic strategy for oropharyngeal dysphagia as it improves swallowing safety without worsening post-swallow symptoms in stroke patients, brain injury, and adults with oropharyngeal dysphagia risk.

Author:
Hadde EK et al.

Conclusion:
Under various temperature and pH conditions, **ThickenUp® Clear** demonstrated rapid achievement of equilibrium viscosity for thickened water (2 minutes) and much longer time (15 minutes) for milk, a complex medium composed of macro and micronutrients.

2015

Author:
Rofes L et al.

Conclusion:
ThickenUp® Clear improves swallowing efficacy and swallowing safety by protecting against Penetration - Aspiration without increasing oropharyngeal residue in adults with oropharyngeal dysphagia associated with age and/or neurological pathology.

Author:
Leonard RJ et al.

Conclusion:
Increasing the viscosity of the bolus with **ThickenUp® Clear** improves swallowing safety in dysphagia patients as it reduces the number of aspirations and the score on the penetration-aspiration scale (PAS).

Author:
Rofes L et al.

Conclusion:
The V-VST performed with **ThickenUp® Clear** to assess the safety and efficacy signs of swallowing is a validated method against VFSS for the detection of oropharyngeal dysphagia.

2016

Autor:
Hadde EK et al.

Conclusion:
ThickenUp® Clear demonstrated the highest maximum extensional viscosity (extended filament lifetime or cohesiveness) compared to other thickeners with the potential to maintain bolus consistency while preventing bolus fragmentation, which is crucial for safe swallowing in patients with dysphagia.

Author:
Carrión S et al.

Conclusion:
The prevalence of patients with impaired swallowing safety is very high among malnourished and sarcopenic patients with dysphagia, chronic neurological disease, and acute community-acquired pneumonia, which could be offset by increasing the viscosity of liquids by using **ThickenUp® Clear**.

Author:
Vilardell N et al.

Conclusions:
Both **ThickenUp®** and **ThickenUp® Clear** are proven effective in improving swallowing safety in post-stroke patients. However, thanks to its exclusive composition, **ThickenUp® Clear** shows greater efficacy than a modified starch based thickening agent, as it does not increase the prevalence of oral and pharyngeal residue, this reducing the risk of aspiration after the swallow.

2017

Author:
Hsiang C-C et al.

Conclusion:
A comprehensive intervention that includes oral exercise, texture modification by using **ThickenUp® Clear**, and swallowing position that could help to improve swallowing function by reducing oral and pharyngeal residue in patients with oral and oropharyngeal cancer who have undergone surgical intervention.

Autor:
Barbon CEA et al.

Conclusion:
ThickenUp® Clear demonstrated its stability over the course of 3 hours after mixing with barium at different IDDSI levels. These results provide evidence for the use of **ThickenUp® Clear** for instrumental testing and the management of dysphagia.

2018

Author:
Sezguin B et al.

Conclusion:
The use of **ThickenUp® Clear**, a xanthangum-based thickener, helped maintain intracellular fluid, extracellular fluid, and bodily fluids (measured by bioimpedance) in patients with maxillary carcinoma undergoing total maxillectomy.

2019

Author:
Gamonpilas C et al.

Conclusion:
ThickenUp® Clear is more transparent than the other two thickeners tested, which could make it a more appealing option for drinking clear beverages such as water. **ThickenUp® Clear** provides a higher thickening effect, elasticity, and better lubrication properties, which could make it easier and safer to swallow compared to the other two thickeners.

2022

Author:
Barbon CEA et al.

Conclusion:
ThickenUp® Clear at lower consistency (slightly thick-IDDSI Level 1, and mildly thick-IDDSI Level 2) can be used to enhance the frequency of safe swallows in patients with oropharyngeal ancer who developed dysphagia in post-radiation therapy.

Author:
Nazarko L et al.

Conclusion:
ThickenUp® Clear helps patients with oropharyngeal dysphagia feel safer while drinking by reducing the anxiety and stress and preventing aspiration and the onset of chest infections.

Author:
Schulz S et al.

Conclusion:
This study revealed that **ThickenUp® Clear** is one of the thickeners that tasted best of those tested. Therefore, using a better-tasting thickener could improve patient compliance and ensure adequate fluid intake.

2023

TA DEL AV DE 18 ARTIKLARNA HÄR

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